

## PSYCHOSOCIAL PROBLEMS FACED BY TRANSGENDER COMMUNITY IN SRI LANKA: THREE CASE STUDIES

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**Abstract:** *Recent studies proves that one in two hundred adults may be transgender. The physical identity of a person is determined by the external genitalia of the newborn baby. Through this, the male and female body has been established. Mental identity refers to the identity of a person as the feeling occurs mentally as whether he or she is a male person or a female person. There are very few studies in Sri Lanka, and this study was done as practical review and raising awareness about the socially transgender sex community. Therefore this article brings together three case studies that examined how transgender people dealing with psychosocial issues like abuses from state officials and private individuals. Those psychosocial issues compromise the quality and safety of their daily lives and their ability to access services that are central to their basic human rights. There are many transgender people and communities have been actively involved in community organizing and social action efforts since the early twentieth century, research on transgender issues has been reduce. Transgendered people continue to experience various forms of oppression and discrimination in Sri Lanka and throughout the world. Even though there are many social, legal, and political advances that have been launched in an attempt to grant transgender community basic human rights, transgender community become more and more vulnerable. Therefore psychological and social impact of oppression, rejection, discrimination, harassment, and violence on transgender people is reviewed in this study, and recent advances in the areas of transgender health wellbeing, public policy and other issues were detailed through this case study.*

**Keywords:** LGBTIQ, Psychosocial issues, Transgender

### Introduction

This case study was a case study of the psychosocial problems faced by transgender people. In view of this issue, human sexuality is the main factor. There were three main types of human sexual identity (De Loof, 2018, Diamond, 2002).

1. Physical identity
2. Mental identity
3. Social identity

The physical identity of a person is determined by the external genitalia of the newborn baby (Fausto-Sterling, 2019). Through this, the male and female body has been established. Mental identity refers to the identity of a person as the feeling occurs mentally as whether he or she is a male person or a female person. Social identity is

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