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## MIDDLE-EAST MIGRATION AND HEALTH

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**Abstract:** Labour migration to the Middle East from Sri Lanka has been increasing in recent times. Such a situation has not only demographic, but economic and social implications. However, very few studies have researched into the very important aspect of its impact on the health situation of the migrant workers as well as on the families that they have left behind. This Paper attempts to fill this gap in knowledge, by reviewing the work that has already been done and by making use of the author's own personal experiences as a physician in the Middle East.